



**NORTH CAROLINA
MEDICAL BOARD**

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November 29, 2010

By Certified Mail – Return Receipt Requested

James Thomas Skeen, M.D.
Carolina Center for Pain
293 Olmsted Boulevard, Suite 4
Pinehurst, NC 28374

Dear Dr. Skeen:

The North Carolina Medical Board (“Board”) has reviewed information regarding your prescribing medications to a family member. It is the Board’s decision not to commence formal proceedings against your license to practice medicine at this time. However, the Board did vote to issue you this public letter of concern.

The Board is concerned that you issued prescriptions for controlled substances to a family member without conducting an appropriate examination or maintaining proper medical records. The Board believes that issuing prescriptions without a documented complete examination and history is fraught with danger. Additionally, the Board believes that the treatment of family members or others with whom you have a significant emotional relationship is usually inappropriate. Also, the Board is concerned that you rendered medical services to yourself. The Board invites you to review its position statement entitled *Self-Treatment and Treatment of Family Members and Others With Whom Significant Emotional Relationships Exist* which may be found on our web site located at www.ncmedboard.org.

By this letter, the Board hereby encourages you to take steps to ensure that the conduct in question is not repeated. The Board further cautions you that complaints disclosing any repetition of such practice may lead to the commencement of formal disciplinary proceedings against your license to practice medicine, wherein this public letter of concern may be entered into evidence as aggravation.

This public letter of concern shall become a public record within the meaning of Chapter 132 of the North Carolina General Statutes and shall be subject to public inspection and dissemination pursuant to the provisions thereof. Additionally, it will be reported to the Federation of State Medical Boards.

R. David Henderson
Executive Director

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Sincerely,

Janice E. Huff, M.D.
Board President

JEH/BB/bjs